



### **Mommy/Daddy & Me Ages 3-5**

We will prepare one item. While waiting for food to finish cooking, we will create a craft or read a book. Is your little girl or boy itchin' to get into the kitchen? All the children will get their hands dirty as they stir, mix, and bake their way to some delicious treats – Mom or Dad get the joy of watching their little chef in action, while providing hands-on assistance, if needed. NOTE: There must be a parent or guardian in attendance.

#### **Choose One Item**

Banana-Chocolate Chip Mini Muffins  
Cheese and Chicken Quesadillas with Lime Crema  
Mini Frittatas



### **FOR AGES 5-7**

**1.5 hours**

#### **Mexican Fiesta**

Guacamole with Dippers  
Chicken and Cheese Quesadillas or Vegetable –Cheese Quesadillas with Creamy Salsa

#### **Diner Favorites**

Mini Cheeseburgers with Mashed Potato Frosting  
Strawberry Sundaes



## **FOR AGES 8-12**

**\$45.00 per child**

**Two hours of hands-on class instruction.**

### **Asian Wrap and Roll**

Vietnamese Summer Rolls with Hoisin-Peanut or Sweet and Sour Dipping Sauce

Pot Stickers (choice of pork or turkey) with Soy-Sesame Dipping Sauce

### **Mexican Fiesta**

Guacamole with Chips and Vegetable Dippers

Chicken and Cheese Enchiladas or Mushroom-Spinach Enchiladas with Creamy Salsa Sauce

### **Desserts**

Chocolate-Dried Cranberry Croissant Puddings

Tropical Dessert Tortilla Chips and Salsa served with Ice Cream



## **FOR AGES 13-17 -**

**2.5 hours of class instruction. We will prepare three items.**

### **Middle Eastern**

Hummus with Homemade Whole Wheat Pita Chips and Crudite

Oven Baked Chicken & Veggie Kebabs with Yogurt-Sauce

Phyllo Fruit Triangles

### **Mexican**

Guacamole with Assorted Dippers

Chicken-Cheese or Mushroom, Zucchini and Cheese Enchiladas

Jicama and Mango Salad

### **Wok n' Roll**

Potstickers with Soy-Sesame Dipping Sauce

Sweet n' Sour Chicken

Choice of White or Brown Rice

Chocolate-Dipped Fortune Cookies

**Vietnamese Favorites (great choice for gluten free diets)**

Vegetable-Mango Summer Rolls - choice of Hoisin Peanut Sauce or Nuoc Cham (sweet and sour dressing)

Vietnamese Caramel Chicken

Choice of Jasmine White or Brown Rice

Vietnamese Coffee-Peanut Sundaes (may request without peanuts)